**拓展练习 (X2U3)**

**一、语法填空：**

**Volunteering: everyone benefits**

“Life’s most \_\_\_\_\_1\_\_\_\_(persist) and urgent question is, ‘What are you doing for others?’” asked Martin Luther King, Jr., a great advocate for social justice. In asking this question, King called on us to reflect \_\_\_\_\_2\_\_\_\_\_\_ our responsibility for society, and consequently put great effort into the worthy cause of serving our fellow human beings.

For most people, there are the traditional types of volunteering that are done within one’s community, such as volunteering at children’s homes or collecting data about the local animal and plant life to assist with conservation efforts. However, volunteering is not just limited to local opportunities. With virtual volunteering, \_\_\_\_\_3\_\_\_\_\_\_ takes advantage of the Internet, we can serve others in the comfort of our own homes. For example, volunteers can translate documents into different languages or help students with their schoolwork online. There is also an unusual type of volunteering called voluntourism, a \_\_\_\_\_4\_\_\_\_\_(combine) of volunteering and tourism, which allows us to serve people in need when we travel to other regions or countries.

With all these different ways to serve others, a common question arises: what benefits can volunteering provide us with? Firstly, volunteering makes us feel an emotional connection to the community. We are willing to devote our time and effort \_\_\_\_\_5\_\_\_\_\_\_\_(conditionally) to helping build a better community. Secondly, volunteering is good for our physical and mental health. Our stress levels \_\_\_\_\_\_6\_\_\_\_\_\_(reduce) when we do meaningful volunteer work, which further enables us to sleep better or get sick \_\_\_\_\_\_7\_\_\_\_\_\_(often). We also gain a sense of purpose in life and become happier. Thirdly, volunteering offers us an amazing opportunity to learn valuable skills. We meet new people, expand our relationship network and improve our social skills. We are always placed in situations that require us to learn new skills and challenge ourselves by \_\_\_\_\_8\_\_\_\_\_\_(step) outside our comfort zone.

No matter \_\_\_\_\_9\_\_\_\_\_\_ you volunteer at a non-profit organization or in the community, all of the volunteer work makes you a better person, improves other people’s quality of life and has \_\_\_\_10\_\_\_\_ huge impact on the world. This is ultimately why we serve.

**二、读后续写**

**The chain of kindness**

The rain was coming down so hard that each drop seemed to explode as it hit the roof of the car. Tom strained his eyes and looked out into the coal-black night, struggling desperately to keep his car on the road. The windscreen wipers worked furiously to clear the glass, but they were not doing much good. The rain beat down continuously, it was completely dark outside, and the road was deserted except for him and his car.

Tom glanced in his rear-view mirror. He could see his wheelchair in the back seat and quickly looked down at his thin, broken legs. He could feel a familiar wave of despair start to wash over him. The rain was still pounding on the roof of the car and he felt as if he had been trapped inside a drum. As the world outside began to close in on him, Tom gasped for breath. Suddenly, a loud noise shook Tom out of his moment of hopelessness as the car began to bump down the road. “Great,” he thought, “a flat tyre.”

With a heavy sigh, Tom brought the car to a stop, resting his head on the steering wheel, defeated! After a few seconds, he looked up and peered out of the window. The rain seemed to have eased a little, and in the distance, he could see a light twinkling in the blackness. With a sense of hopeful anticipation, Tom gently eased the car towards the light. As he got closer, he could see a long driveway leading to a solitary(孤零零的) house.

When Tom approached the house, a young girl around ten years old was standing in the doorway. He pulled up as close as he could and rolled down the window. “Are your parents at home?” he shouted over the wind and rain. “I have a flat tyre and I need help,” Tom added.

“Wait a minute,” the girl replied. She turned and went into the house. A few minutes later, she returned with an old man. The girl held his arm and smiled lovingly up at him.

*“How can I help?” the old man asked with a smile on his face.* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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*Tom had money ready and handed it to the old man, but he made no move to take it.* \_\_\_\_\_\_\_\_\_\_

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**三、句子翻译：**

1. The rain was coming down so hard that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(一颗颗就像炸开一样) as it hit the roof of the car.

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Tom眯起眼睛，使劲地向漆黑的暗夜看去), struggling desperately to keep his car on the road.

3. 瓢泼大雨没完没了地下着，车外一片漆黑，路上除了他和他的车，连个人影也没有。

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4. 一阵熟悉的绝望感朝他袭来。

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5. 暴雨还在敲打着车顶，他觉得自己就像被困在一面鼓里。

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6. 外面的世界开始将他紧紧包裹起来，他大口喘着粗气。

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7. 突然间一声巨响，把他从绝望中震醒了，车子顿时颠簸起来。

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8. 雨似乎小了一点儿，远远地，黑暗中隐约可见一团忽明忽暗的灯光。

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9. Tom心中燃起一丝希望，朝着灯光小心翼翼地慢慢驶去。

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10. 他靠近再看时，发现有一条长长的车道，通向一座孤零零的房子。

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11. 话说得有点直白。\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**拓展练习 (X2U3)**

**一、语法填空：**

1 persistent 2 upon 3 which 4 combination 5 unconditionally

6 are reduced 7 less often 8 stepping 9 whether 10 a

三、句子翻译

1 each drop seemed to explode

2 Tom strained his eyes and looked out into the coal-black night

3 The rain beat down continuously, it was completely dark outside, and the road was deserted except for him and his car.

4 He could feel a familiar wave of despair start to wash over him.

5 The rain was still pounding on the roof of the car and he felt as if he had been trapped inside a drum. 6 As the world outside began to close in on him, Tom gasped for breath.

7 Suddenly, a loud noise shook Tom out of his moment of hopelessness as the car began to bump down the road.

8. The rain seemed to have eased a little, and in the distance, he could see a light twinkling in the blackness.

9 With a sense of hopeful anticipation, Tom gently eased the car towards the light.

10 As he got closer, he could see a long driveway leading to a solitary house.

11 The words came out flat.